



September 4, 2019

Princeton Symphony Orchestra Holds All-Mozart Concert



HAPPY ANNIVERSARY: Princeton Symphony Orchestra begins celebrating the 10th anniversary year of music director Rossen Milanov with a concert featuring twin pianists Christina and Michelle Naughton, who are natives of Princeton, on September 21 and 22. (Photo by Lisa-Marie Mazzucco)

On Saturday, September 21 at 8 p.m. and Sunday, September 22 at 4 p.m. at Richardson Auditorium, the Princeton Symphony Orchestra's (PSO) celebration of Rossen Milanov's 10th Anniversary Season begins with three works by Mozart. Princeton-born twins and virtuoso pianists Christina and Michelle Naughton perform the composer's Concerto for Two Pianos in E-flat Major on a program with the Overture to The Marriage of Figaro and Mozart's Symphony No. 41 "Jupiter."

Milanov conducts the concert, given in tribute to the memory of Edward T. Cone, professor, pianist, composer, and patron of the arts.

Christina and Michelle Naughton are the first piano duo to receive an Avery Fisher Career Grant. The award was announced March 14. In the 2018-19 season, they performed with the Minnesota

Orchestra, Baltimore Symphony Orchestra, the Sarasota Orchestra, the Naples Philharmonic, and the Royal Scottish Symphony Orchestra. Both are graduates of The Juilliard School and the Curtis Institute of Music, where they were each awarded the Festorazzi Prize. They are Steinway Artists and currently reside in New York City.

Tickets range from \$30 to \$100 (children 17 years and younger accompanied by an adult receive a 50 percent discount). Visit princetonsymphony.org.

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Westminster Foundation To Hold Public Meeting On Survival of Campus

With Rider University planning to move Westminster Choir College from its long-time Princeton home to the University's Lawrence Township campus next fall, those who fear the relocation would spell the end of the esteemed music school are gearing up for what is billed as "A Critical Public Meeting," set for Tuesday, September 10 at Nassau Presbyterian Church.

The meeting is not a forum or a debate. It is an information session, which will include a video about Westminster and a question-and-answer session after the presentation.

"This is something we started formulating about a month ago as an opportunity to get out to the public what is really going on," said Constance Fee, who heads the Westminster Foundation, a group of alumni, faculty, and various supporters of the choir college. "The PR from Rider is that this move is all wonderful. But we want to let people know what is actually going on in the background."

Rider merged with Westminster in 1991. The University announced plans

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Riverside On Track for a Thursday Opening

After massive cleanup of construction dust and debris over the past few days, with custodial crews working alongside a professional cleaning company throughout the Labor Day weekend, Riverside Elementary School will be opening on Thursday, September 5, a day after the other Princeton Public Schools (PPS).

"Riverside passed inspection by the health officer this morning and is on track for a great opening on Thursday," PPS Superintendent Steve Cochrane wrote in an email Tuesday afternoon.

In other school news this week, the New Jersey Department of Education has approved PPS application for preschool expansion aid with \$770,939 in additional funding.

The funding will enable the district to offer, free of charge, a new dual language immersion preschool class at Community Park School and a new class for 3-year-olds in partnership with the YWCA, as well as continuing to offer preschool classes at Johnson Park and Riverside.

Cleanup Delays

As teachers returned to Riverside last week to prepare for this week's scheduled opening, construction crews, which had

installed new HVAC units in most of the classrooms, were still completing their work and cleanup.

Many teachers, according to Riverside teachers' union representative Christina DiLillo, were experiencing headaches, burning throats, and coughing. Cochrane noted "significant levels of dust and debris left from the construction," and he and Riverside Principal Mark Shelley sent an email letter to parents last Friday announcing that the first day of school would

be delayed until Thursday, September 5. Emphasizing concern for health and wellness of staff and students, the letter stated that the work done over the summer "has had a profound impact on our infrastructure and our normal process and timeline for school preparation — particularly in these waning days of August."

In responding to additional concerns raised by parents and staff members, Cochrane and Shelley noted that the

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Bainbridge House to Reopen With Neighborhood Block Party

The renovations are complete. Bainbridge House, the red brick, Georgian-style building at 158 Nassau Street, is ready to reopen as a public viewing space programmed by the Princeton University Art Museum. On Saturday, September 14 from 11 a.m. to 4 p.m., a block party for the community will celebrate the new life of the historic structure, rechristened Art@Bainbridge.

The Museum plans to use the first floor as gallery space for displaying the work of contemporary artists. The first installation

"Jordan Nassar: Between Sky and Earth," shows works created by the 34-year-old artist during the last five years.

This focus on the new is intentional. It contrasts the notable history of Bainbridge House, which stretches back to the mid-1700s and includes years as lodging for members of the Continental Congress in 1783. Earlier, it served as the home and medical office of Absalom Bainbridge, an enslaved person who successfully battled for freedom.

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Ariana Jones Leading PDS Gals' Soccer



SNEAK PEEK: The Princeton First Aid & Rescue Squad invited the community to visit on Sunday afternoon for a look at its new headquarters under construction at 2 Mount Lucas Road. The event featured tours, rescue vehicles, and the opportunity to meet volunteers. Participants share their impressions of the new facility in this week's Town Talk on page 6.

Photo by Christine R. Pizzi

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Hopewell-Pennington Area Life

19th Annual Watershed Butterfly Festival
 Visit the 2019 Watershed Butterfly Festival from 10 a.m. to 4 p.m. on August 3 for a day of family fun that celebrates the joys and wonders of nature. This annual event has celebrated family and fun for 19 years, and has grown to be a major regional event, attracting more than 2,000 visitors. Proceeds from this event sustain The Watershed Institute's work in environmental conservation, advocacy, science, and education. Visitors may tour the Kate Gorrie Butterfly House and delight at the locally captured butterflies. They can also

enjoy a train ride, animal show, an insect zoo, solar music, arts and crafts, and other entertainment, both on the grounds and inside of the Watershed Center. The Ballycastle Band, a local Irish music group, will play music in the morning, and in the afternoon the Cosmic Jerry Band will play favorites from the Grateful Dead. Visitors can enjoy delicious offerings from Jammin' Crepes, Empanada Monster, Gyros to Go, and other food vendors. Local arts and crafts vendors include Krystal Fairy Creations fairy items, custom lockets by Origami Owl Living Lockets, Crystals in

Copper jewelry, Shirley Sews dog bandanas, and more. There also will be an Eyes of the Wild exotic animal show, a Butterfly and Bug Parade, hay rides, and family walks with a Watershed naturalist. New this year — Watershed members get in free. Family memberships can claim a free carload entry (up to six people) when they register online. Students, seniors, and individual members can claim single entry tickets. The discount will apply automatically to your cart at checkout, and you can show us the email receipt for easy entry on August 3. The Watershed Institute is

a member-supported non-profit organization dedicated to protecting and restoring clean water and healthy environments in central New Jersey. More information is available at thewatershed.org/butterfly-festival or call (609) 737-3725.

DeSimone Orthodontics
 As a board-certified orthodontist and a Diamond Invisalign provider, Dr. Karen E. DeSimone has spent years building upon her already extensive education and training in order to provide dependable orthodontic care in a friendly and comfortable environment. Dr. DeSimone is a diplomate of The American Board of Orthodontics, signifying that she has the experience, state-of-the-art tools, and technology required to give each patient the stunning smile they deserve. The team at DeSimone Orthodontics is proud to announce that The Consumer's Research Council has listed us as one of "America's Best Orthodontic Offices." Additionally, New Jersey Family Magazine selected DeSimone Orthodontics as a "favorite office" due to our ability to relate well to both adults and children. The compassion we have for our patients, combined with our expertise in creating artistic smiles and our determination to ensure a comfortable and fun treatment experience, set our practice apart

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HEALTH & WELLNESS

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Dr. Peter D. Murr

Princeton Eye Group
Dr. Peter D. Murr has joined Princeton Eye Group, the area's popular eye practice. Dr. Murr was raised in Pennington, and completed a double major in chemistry and cell biology and neuroscience in the Rutgers College Honors Program, during which he was accepted into the accelerated BA/MD program at Robert Wood Johnson Medical School. Dr. Murr completed his internship in internal

medicine at the VA Caribbean Healthcare System in San Juan, Puerto Rico, before completing his ophthalmology residency at MedStar Georgetown University Hospital/Washington Hospital Center in Washington, D.C. During residency, he received excellent clinical and surgical training and enjoyed providing care to our active duty service members and their families at Walter Reed National Military Medical Center and Andrews Air Force Base.

Dr. Murr is board certified by the American Board of Ophthalmology and is a member of the American Academy of Ophthalmology and American Society of Cataract and Refractive Surgery. Dr. Murr provides comprehensive ophthalmology services, cataract surgery, in-office laser, and minor procedures. He speaks intermediate Mandarin, and is bilingual English/Spanish. He will practice alongside colleagues Dr. Stephen Felton, Dr. Michael Wong, Dr. Richard Wong, Dr. R. David Reynolds, Dr. Anita Medzick, Dr. Samuel Liu, Dr. John Epstein, Dr. Suzanne Jadcak, and Dr. Sarah Kuchar. For more visit www.PrincetonEyeGroup.com.

Princeton Family Institute
Princeton Family Institute is a group of experienced clinicians. We believe that our practice employs a unique approach. While we treat a broad spectrum of problems and diagnoses, we regard all individuals, couples and families as unique and more complex than any diagnostic label.



STROKE CARE TEAM: The St. Francis team includes, from left, Daniel P. Moon, president and CEO; Charles Kososky, MD, neurologist; C. James Romano, MD, chief medical officer; and Eric Yuscavage, director of Quality and Performance Improvement. Not pictured is Rebecca Palmucci, sepsis/stroke coordinator.

We are interested in individual strengths and specific challenges within the rich context of people's lives. Therefore, relationships, family history, social context, ethnic background, racial identity, religious or spiritual beliefs and practices, sexual orientation, and gender identity are all relevant to understanding symptoms as well as to identifying capacity for resilience and healing. The therapists on our team represent diverse social identities and we aim to provide optimum compatibility between clients and psychotherapist. Additionally, evening and weekend hours are generally available for appointments. Whenever we see children, adolescents, or young adults we bring in the strengths and resources of their families by convening meetings with all family members or with the parents. Family conversations create the energy for

healing and change. When you call to set up an appointment, or to make an inquiry, you will speak directly with one of our therapists who can answer your questions and address your concerns. (609) 921-2551; www.princetonfamily.com.

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HEALTH & WELLNESS

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The Anthony Rabara Studio for Pilates is an exceptional place for Pilates study. Anthony is a Master teacher and one of a few who has direct lineage to Joseph Pilates. The studio is fully equipped with every apparatus that the genuine Pilates built since the early 1920s. From the smallest 6-inch apparatus to the largest 12-foot tower. Anthony and his team of teachers maintain the quality and spirit of his work and officially train teachers.

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One should know the difference between a Pilates "based" workout and the real deal. There are clubs opening up all the time, but they combine other athletics with Pilates and they call it Pilates. It is not.

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Pilates is an equal opportunity activity for all ages. Whoever the client is, they leave the studio feeling taller and more physically fit. Our experienced teachers bring out the best in this technique and the best in the client. 392 Wall Street, Princeton. (609) 921-7990; www.rabarapilates.com.

Good Grief

Grief is a public health issue. According to Dr. Robert Block, past president of the American Academy of Pediatrics, "Adverse Childhood Experiences are the single greatest unaddressed public health threat facing our nation today." Childhood bereavement is not a public health outlier; it is a consistently unaddressed public health threat.

According to the AAG Institute, one out of seven children experience the death of a parent or sibling before the age of 25 in New Jersey. The lack of attention childhood bereavement receives is, in part, the result of this public health threat falling victim to a culture that is uncomfortable with its mortality. This discomfort comes at an extraordinary cost to children, who find themselves in a world in which adults and institutions do not know how to address the emotional, physical, and intellectual needs of their grief.

"Childhood bereavement

is a public health threat because on the other side of death awaits diseases of despair and toxic stress for those children who are not in responsive environments that provide support, empathy, and resources," said Joe Frino, Good Grief CEO. "While grief is a normal part of the human station, our culture's lack of resources and responsiveness made available to children facing this adversity put them at risk."

Every month, Good Grief supports more than 750 participants at its Morristown, Princeton, Newark, and Jersey City locations. They support children in classrooms and at summer camp, educate their parents, and advocate for children through thought-leadership and national partnerships like Optima and the Funeral Service Foundation. While there is a wellspring across the nation with programs in many communities, there still is not nearly enough.

There is no quick fix to childhood bereavement. Childhood bereavement requires all of us to think differently, respond empathically, and change how we care for and educate children. It starts with opening a dialogue about this difficult topic so that our discomfort is lessened and we can be fully present to our children, who will soon be the healthy adults we need them to become.

For more information on Good Grief programs, to volunteer, make a gift, or help spread the word, visit www.goodgrief.org, or contact info@goodgrief.org.

Greenwood House

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Continued on Page 28

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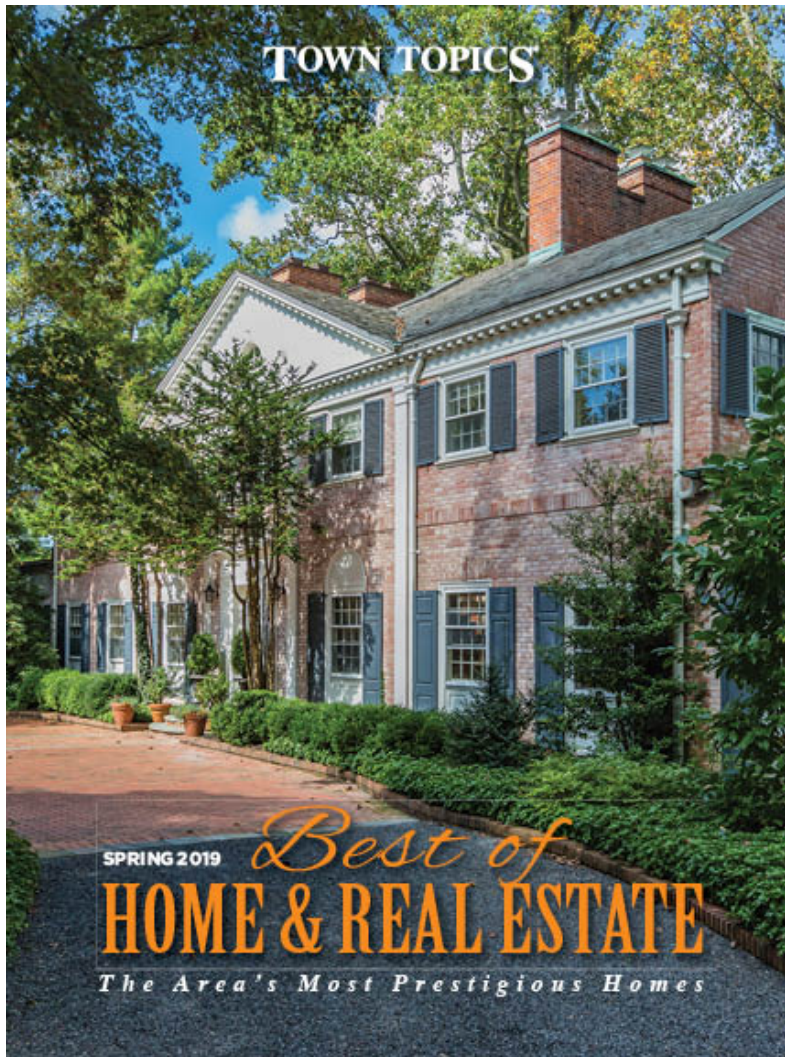
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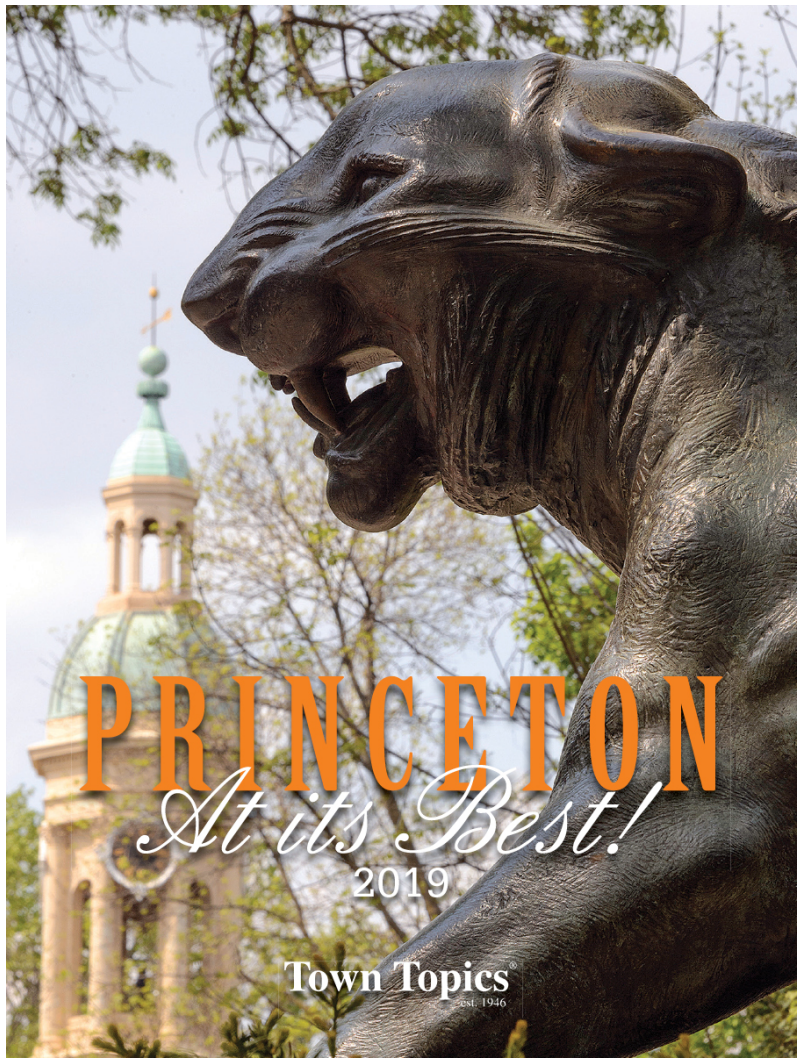
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Mediterranean Cocktail

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